



# On Your Mark

**Sept 10, 2011**

## Registration Form

**RUN OR WALK  
3k, 5k & more  
@  
Paola High School  
Track Stadium**

Event	Time	Amount
5K & 3K Run	8:00 AM	\$20.00
5K Walk	8:45 AM	\$20.00
Kids Fun Run	9:45 AM	\$15.00
Heroes Walk	10:30 AM	\$15.00
3K Walk	10:45 AM	\$20.00
Silent Auction	11:30 AM	Results

Teams or groups of 10 or more \$15.00 each  
Please register all at the same time to receive discount.

*Presented by*  
**Heads Up**

**Adult Sizes** S M L XL 2X 3X  
**Youth Sizes** S M L XL

T-shirts will be included with all registrations received before August 26, 2011  
After that, shirts may be purchased for \$15.00 each.

**Brain Injury Support**

Name \_\_\_\_\_

Address \_\_\_\_\_ City/St/Zip \_\_\_\_\_

Age \_\_\_\_\_ Male \_\_\_\_\_ Female

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Emergency Contact: Name \_\_\_\_\_ Phone \_\_\_\_\_

**Waiver Please read carefully and sign to accept waiver**

I agree and assume all responsibility for my health and safety related to participation in or observance of this event at Paola High School Stadium Track. If this event should be cancelled for any reason, all proceeds will be retained by Heads Up, Inc. for the benefit stated.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Registration fee \$ \_\_\_\_\_

T-Shirts \$ \_\_\_\_\_ After 8-26 or additional shirts \$15.00

Donation Amt \$ \_\_\_\_\_ **Check**

**Total Amt** \$ \_\_\_\_\_ **Cash**

**Please Note!**  
**This is not a Sanctioned Event**

**Mail registration to:**  
Heads Up, Inc.  
1601 East Peoria, #205  
Paola, KS 66071

**Register online!**  
[www.onyourmarkrun.org](http://www.onyourmarkrun.org)  
[www.headsuponline.org](http://www.headsuponline.org)

**Contact**  
Jeanne Woolsey (913) 406-1116  
Roxanne Bollin (913) 731-1158

*Our work would not be possible without your generosity and support.*

*Thank You*

**Please make checks payable to Heads Up, Inc.**